

Case Report

Middle Ear Welding Injury: Case Report and Literature Review

Gabriele Bruno[#], Elena Carlotto[#], Fabio Bramardi[#], Elisa Franco[#], Alessia Lanzillotta[#],
Walter Lerda[#], Nertila Naqee[#], Silvia Ponzo[#]

Department of Otorhinolaryngology, S. Croce Hospital, Cuneo, Italy

ORCID iDs of the authors: G.B. 0000-0001-8217-4159, E.C. 0000-0001-6971-4165, F.B. 0009-0004-2772-8509, E.F. 0009-0008-8852-6985, A.L. 0009-0007-9621-3025, W.L. 0000-0001-8635-6128, N.N. 0000-0001-7210-6048, S.P. 0009-0005-7396-1122.

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Damage to the middle ear (ME) caused by penetrating welding sparks can lead to a variety of adverse outcomes. An exhaustive review of the literature is lacking, particularly with regard to clinical presentation, diagnostic-therapeutic work-up, and outcomes. Here we describe the clinical details of an injury caused by the largest welding foreign body ever reported in the ME. In addition, we present a comprehensive review of the relevant literature.

KEYWORDS: Welding injury, middle ear, foreign body, external auditory canal, tympanic perforation

INTRODUCTION

Middle ear (ME) injuries due to foreign metal bodies are rare but can have serious consequences. Among the possible causative mechanisms, welding accidents have been reported. Indeed, if ear protection is inadequate, metallic sparks can pass through the external auditory canal (EAC) and enter the ME. Damage to ME structures is caused not only by the violent penetration of the welding beads but also by their high temperatures, which can reach up to 1000°C.¹ In addition to this, the metal slags behave like foreign bodies, causing an inflammatory reaction.² This can lead to a number of consequences, including persistent tympanic membrane (TM) perforation, chronic otitis media, otorrhea, ossicular chain disruption, facial nerve injury, taste alteration, peripheral vestibular dysfunction, hearing loss, and tinnitus. Here, we describe our experience and provide a synthesis of the existing data on the subject. The clinical presentation, investigations, and management of our case are discussed in comparison with the literature (see Appendix Table 1).

CASE PRESENTATION

A 20-year-old welder was injured at work when a piece of glowing molten metal fell into his right ear. He presented to the emergency department 2 hours after the accident complaining of right otalgia and hearing loss. A skull x-ray showed an elongated metallic foreign body situated in the right ME. He was immediately referred to our ear, nose, and throat (ENT) department (Figure 1). Otoloscopic examination revealed inflammation and burned skin in the EAC. An anterior perforation of the TM with inflamed mucosa and otorrhea was visible. The splinter was partially recognizable in the protympanum but could not be removed due to the phlogosis and the protrusion of the anterior wall of the EAC (Figure 2). There was no evidence of vestibular damage on bedside examination. There was no facial nerve dysfunction. Audiometry revealed a moderate conductive hearing loss with preservation of bone conduction (Figure 3). Both systemic and topical antibiotic-steroid therapy were administered. On the same day, the patient underwent a petrous computed tomography (CT) scan (Figure 4). Examination confirmed the presence of an elongated foreign body of metallic density (approximately 7 mm long) located in the tympanic cavity. The distal portion of the splinter was lodged in the Eustachian tube (ET). Twelve days after the trauma, the patient underwent surgical exploration for ME. The inflammation was reduced but still present. The perforation had enlarged since the previous inspection: the pars tensa was completely absent along with the anterior fibrous annulus. The ossicular chain was intact, but the malleus was medialized. A retroauricular approach was made and the fascia of the temporal muscle was harvested. An anterior canaloplasty was performed, after which a safe removal was possible.

[#]Contributed equally.

Corresponding author: Elena Carlotto, e-mail: e.carlotto.ec@gmail.com

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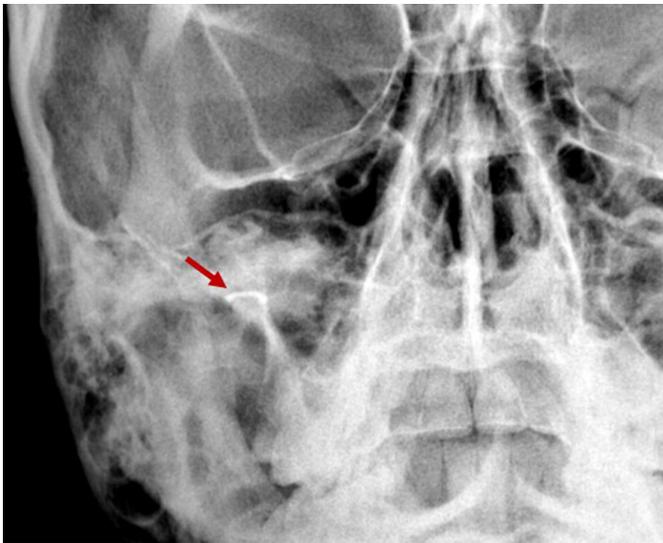


Figure 1. X-ray: arrow indicating the welding splinter.

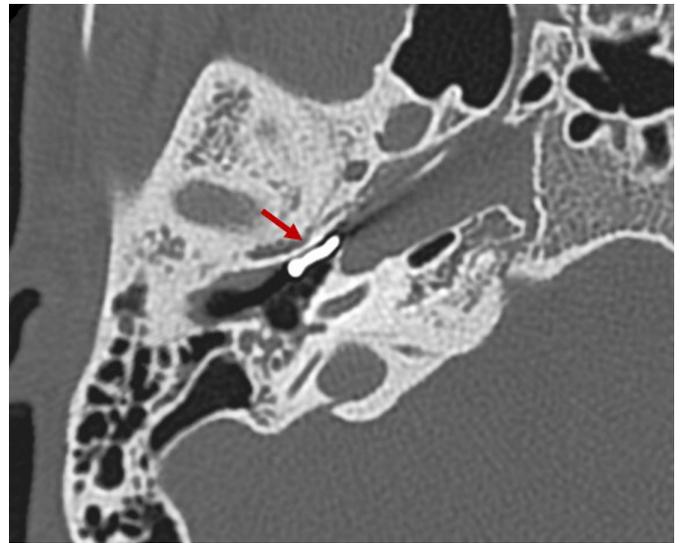


Figure 4. CT scan: arrow indicating the welding splinter located in the tympanic cavity, with the distal portion lodged in the Eustachian tube in contact with the belly of the tensor tympani and in close proximity to the anterior wall of the ipsilateral carotid canal. In addition, the upper edge of the welding splinter was adjacent to the second part of the facial bony canal.

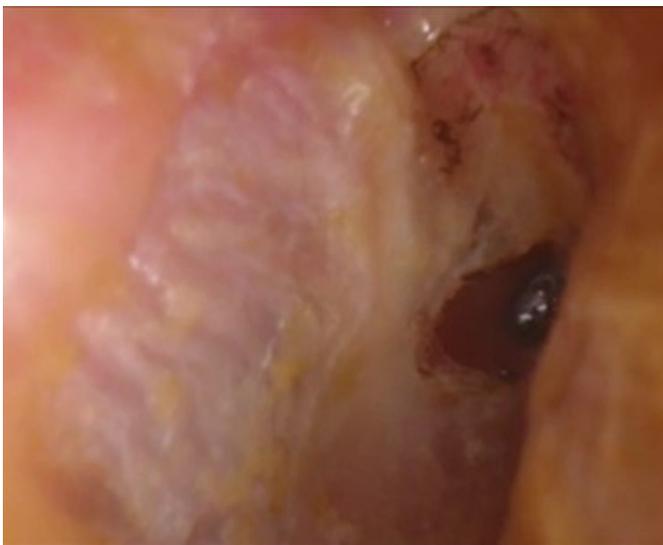


Figure 2. Preoperative otoendoscopic view.

Immediate TM reconstruction was carried out with an overlay myringoplasty. A dermoepidermal graft taken from the retroauricular skin was placed anteriorly to stabilize the temporal fascia and cover the EAC bone. The postoperative course was uncomplicated and the patient returned to his normal activities 2 weeks later. One year later, the eardrum was intact although slightly retracted and the pure-tone audiogram showed a mild conductive hearing loss (Figures 5 and 6). The patient gave informed consent for his details to be published.

DISCUSSION

In recent decades, ME welding injuries have been reported relatively frequently in the international literature. Unfortunately, to our knowledge, only 7 English-language studies are available in full text.

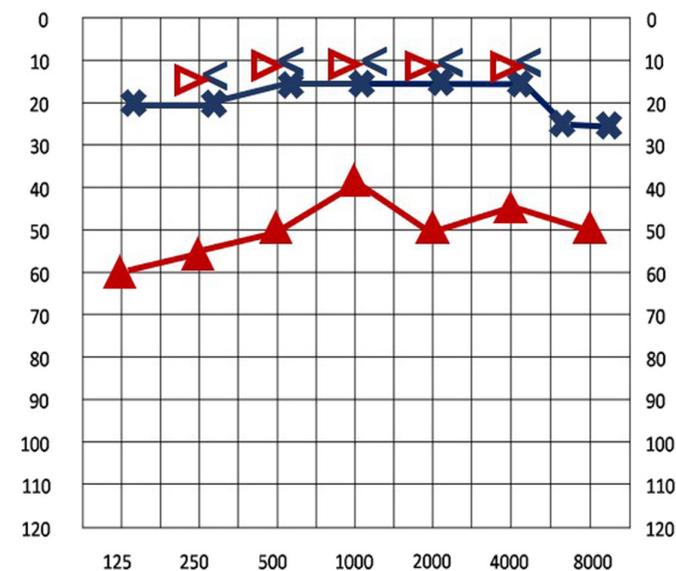


Figure 3. Preoperative pure tone audiogram.



Figure 5. Postoperative otoendoscopic view.

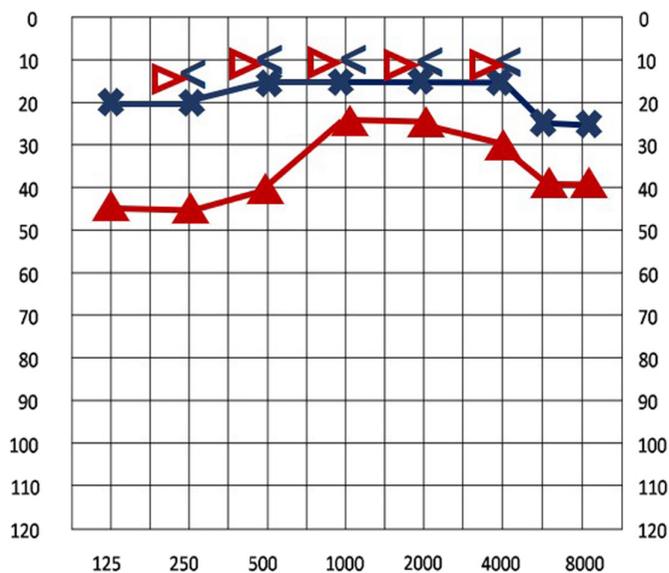


Figure 6. Postoperative pure tone audiogram.

Furthermore, only 6 of these reported a detailed analysis of clinical cases (see Additional Material). As a result, relevant data on the management and outcomes of ME welding injuries are puzzling. In light of this, we aimed to conduct a comprehensive review of the existing literature on this topic. In addition, we described the largest metal foreign body ever reported to have been found in the ME of a welder. Indeed, a peculiarity of our case is the size of the splinter, which was 7 mm long. Whereas other authors reported the largest bear to be 3 mm in size.³

In all the cases for which we have complete information, except for the case described by Simons et al,² the first assessment took place a short time after trauma.^{1,3-6} In all cases where we have a full report, patients presented with a perforated membrane.¹⁻⁶ The audiological counterpart in terms of conductive hearing loss is mentioned in 3 papers.^{3,4,6} Inner ear (IE) damage was reported in 4 articles.^{3,5,7,8} The IE trauma manifested clinically as sensorineural hearing loss to anacusis, tinnitus and vertigo, often declared irreversible. Apart from Hervochoch and colleagues, who suspected a perilymphatic fistula, other authors have not described the possible mechanisms of injury. We can speculate that a labyrinthine concussion may be involved.⁹ A total of 4 patients were reported to have facial palsy with or without dysgeusia at their presentation,^{3,5,8,10} and one had isolated dysgeusia.⁴ Another potentially threatening aspect is the proximity to the internal carotid artery (ICA).³ In the case reported by Scagnelli et al¹ the slag abutted the ICA, and angiography was required before and after the surgical removal to ensure the integrity of the ICA.¹

In a high percentage of cases, a CT scan was mentioned in the diagnostic work-up.^{1,3-6,11} Depending on the clinic and the patient's management pathway, multiple CT scans or other instrumental investigations were performed.

Treatment included at least one surgical procedure in 5 of the previous comprehensive reports.^{1,3-6} Even in articles for which we do not have complete information, surgical treatment is widely documented.^{7,11-14} Panosian et al³ reported only medical management in a young welder who was found to have no foreign body in the ME on

examination. Considering the patients who underwent surgery, TM reconstruction was performed in the majority of the cases. Leedman and Kuthubutheen, as well as we, opted for ME exploration and TM reconstruction in a single stage.⁴ On the other hand, Eleftheriadou et al⁶ and Scagnelli et al¹ used staged TM reconstruction. Hervochoch and colleagues performed 3 procedures: an immediate ME exploration, an intermediate canaloplasty to prevent secondary stenoses, and finally facial nerve and auditory rehabilitation.⁵

The timing of surgery varies widely among authors from immediate exploration on the evening of the trauma⁵ to 11 weeks later.⁴ Reasons for choosing the timing and eventual staging of the procedure are not systematically identified. We can assume that they have been adapted to individual clinical conditions and organizational needs. Our patient was operated on 12 days after the accident. In fact, we believe that this timing is an adequate compromise between resolving the acute inflammation and avoiding chronic foreign body reactions. Moreover, according to Vartiainen and Nuutinen, incandescent welding splinters cause a cauterizing effect which damage ME tissues vascularity.¹⁵ This could be the reason why we found an increase in the size of the perforation at the time of surgery. Intraoperatively, we found that the inflammation was not such as to compromise the membrane graft, so we proceeded with the myringoplasty at the same stage.

Functional outcomes are heterogeneous and difficult to compare. Looking at complete case reports, including our own, all cases that underwent reconstructive surgery achieved anatomical and audiological success.^{1,4-6} On the other hand, in the case series for which we have partial data, the results are less encouraging.^{7,8,12,15} In general, Vartiainen and Nuutinen claim that welding injuries heal less successfully than other perforations due to the loss of tissue vascularity. The resulting ME scars are thought to cause graft rejection.¹⁵ In our opinion, the retraction in our patient's TM is to be attributed to tubal dysfunction due to scarring stenosis by the above mechanism.

We believe that management strategies and expected functional outcomes depend on many factors, including preoperative status. Patients and clinicians should be aware of the heterogeneity of possible clinical presentations, which requires individualized management strategies. In this regard, we invite colleagues to share their experiences on this topic. This would corroborate the existing data and contribute to an exhaustive overview of the kaleidoscopic aspects of ME welding injuries.

Informed Consent: Verbal informed consent was obtained from the patients/patient who agreed to take part in the study.

Peer-review: Externally peer-reviewed.

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Appendix Table 1. Middle Ear Welding Injuries

Year	Authors	Cases	Gender, age	Evaluation time	Clinical details	Audiovestibular presentation	Dimensions, Location	Investigations	Treatment	Surgery time	Outcomes
1977	Frenkiel S, Alberti PW.	11	N/A	N/A	N/A	N/A	N/A	N/A	8 TPL, 3 N/A	N/A	2 success, 9 N/A
1979	Jarzebski J.	19	N/A	N/A	N/A	N/A	N/A	N/A	Conservative procedures+ 5 TPL	N/A	N/A
1986	Stage J, Vinding T.	1	N/A	N/A	FN palsy	IE damage with deafness	N/A	N/A	N/A	N/A	FN palsy, N/A
1991	Fisher EW, Gardiner Q.	5	N/A	N/A	from minor burns to TM perforation	N/A	N/A	N/A	MPL for TM perforations	N/A	N/A
1991	Mertens J, et al.	25	N/A	N/A	N/A	12% IE traumatization	N/A	N/A	Conservative therapy/ immediate and interval operation/ secondary seal by TPL	N/A	4% remaining HL
1993	Panosian MS, et al.*	1	M 35 yrs	few hours	TM perforation, EAC skin excoriated, complete FN palsy, decreased taste sensation	Vertigo, tinnitus, profound ipsilateral SNHL	3 mm, anteriorly at the ET orifice and adjacent to the ICA	X ray, CT scan, Hilger FN stimulator	Systemic steroids, antibiotic drops, facial nerve and ME exploration, CROS HA	at least 6 days	dry TM perforation, HL unchanged from preoperative, grade III FN palsy
1993	Panosian MS, et al.*	1	M 18 yrs	3 days 2 weeks	TM perforation, grade II-III FN palsy, numbness of the right side of his tongue TM perforation, otorrhea, resolution of facial palsy	Mild low-frequencies CHL	no wb noted	N/A	systemic steroids, ear drops	/	dry TM perforation, mild CHL
1993	Vartiainen E, Nuutinen J.	9	N/A	N/A	N/A	N/A	N/A	N/A	9 MPL	N/A	5 intact TM, 4 perforated TM
1994	Panosian MS, Dutcher PO Jr.	(2)	N/A	N/A	(2 FN palsy)	(1 deafness)	N/A	N/A	N/A	N/A	N/A
2007	Eleftheriadou A et al.	1	M 36 yrs	immediate 3 mo 6 mo	TM shrunken and thickened with perforation	CHL	2.2 mm, around the ossicles	CT scan	Exploration of the ME for wb removal OPL+TPL	Time N/A 4 weeks	TM intact and normal hearing
2009	Keogh UJ, Portmann D.	1	N/A	N/A	Chronic middle ear inflammation, otorrhea and TM perforation	N/A	N/A	CT scan	MPL	N/A	N/A
2016	Simons JP et al.	1	M 76 yrs	N/A	TM perforation, 2wb on the promontory, partially covered with mucosa	no CHL	N/A, 2 wbs on the promontory	No	N/A	/	N/A
2021	Leadman SR, Kuthubtheen J.	1	M 60 yrs	Immediate 8 weeks	TM perforation, dysgeusia	mild CHL	1.7 mm, into the sinus tympani and abutting the RW membrane	2 CT scan	Endaural approach+ posterior CPL, MPL	11 weeks	TM intact, no SNHL, no imbalance, minor dysgeusia

(Continued)

Appendix Table 1. Middle Ear Welding Injuries (Continued)

Year	Authors	Cases	Gender, age	Evaluation time	Clinical details	Audiovestibular presentation	Dimensions, Location	Investigations	Treatment	Surgery time	Outcomes
2023	Hervocho R et al.	1	M 48 yrs	Immediate	TM perforation, inflammation and burning of the skin of the EAC and TM, presence of wb FN palsy (grade VI)	left anacusis and complete vestibular areflexia	N/A, tympanic cavity	2 CT scan VBIT, EMG, ME exploration	ME exploration (wb removal, RW and OW sealed to treat perilymphatic fistula) calibration of the EAC+ iv steroids and antibiotics+ vestibular physiotherapy, CROS hearing aid Facio-facial anastomosis + CI+ SP+ intensive facial and auditory re-education	the evening 1 mo 9 mo	hearing restored with SDS of 100%, grade III FN palsy
2023	Scagnelli R et al.	1	M 56 yrs	30 yrs before	TM perforation	N/A	N/A, within the ET abutting the ICA	CT scan, angiography	Combined transnasal+ transtympanic approach for wb removal TM reconstruction	Time N/A 3mo	N/A
2024	Our case	1	M 20 yrs	2 hours	TM perforation	Moderate CHL	7 mm, distal portion into ET, upper edge was in contiguity with the II portion of FN	X-ray, CT scan	ME exploration+ anterior canaloplasty+ MPL	12 days	TM intact, mild CHL

CHL, conductive hearing loss; CI, cochlear implantation; CROS, contralateral routing of hearing sounds; CT, computed tomography; EMG, electromyography; ET, Eustachian tube; HA, hearing aid; HL, hearing loss; ICA, internal carotid artery; IE, inner ear; MPL, myringoplasty; mo, months; N/A, not assessed; OPL, ossiculoplasty; SNHL, sensorineural hearing loss; SP, subtotal petrosectomy; TPL, tympanoplasty; TM, tympanic membrane; wb, welding bead; yrs, years. *the same article. In bold: available full test articles. In brackets: duplicated cases (same authors).